



**CHRISTINE'S
DANCE
COMPANY**

2018-2019
PARENT & STUDENT
HANDBOOK

***All of the content of this handbook must be read by both parent and student!
When finished, please sign, and return the last page **BEFORE** the first dance class begins.*

THANK YOU!

CHRISTINE FINK

Studio Owner and Instructor

610 WEST AVENUE STE C
RICE LAKE, WI 54868

PHONE: (715) 736-0062

EMAIL: ChristinesDanceCompany@yahoo.com

VISIT US ONLINE!!

www.ChristinesDanceCompany.com



CHRISTINE'S DANCE COMPANY

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TUITION POLICY

Tuition is due in **full** by the 5th every third month or every month, depending on the payment plan chosen. "Quarterly" and "Monthly" plans are available and explained in detail below.

Please Note: Paying quarterly (every third month) is preferred; therefore, each class will be discounted \$5 per month, per class.

Statements will be sent via mail each quarter or each month, depending on the payment plan chosen.

Late Payments → A \$10 late fee will be charged to your account **every** 30 days the payment is delinquent. (Or **every** 20 days for monthly payment plans)

If a balance is beyond 90 days past due, the account will be sent to collections. Once the account goes to collections, a collection fee will be added to the total balance. The collection fee will equal 40% of the outstanding balance.

Tuition amounts cannot be adjusted because of unattended lessons!

We accept cash, check, or credit card. (Visa, MasterCard, Discover, and American Express)

Please make checks payable to: Christine's Dance Company *A \$25 fee will be charged on all returned checks.

TUITION RATES: Quarterly Payments:

One- 3-4 year old class	= \$36/month	= \$108.00/quarter
One- 5-6 year old class	= \$38/month	= \$114.00/quarter
One- Level I - IV class	= \$39/month	= \$117.00/quarter
One- Level V class: Adv. Tech	= \$45/month	= \$135.00/quarter
Company Small Group & Ballet	= \$130/month	= \$390.00/quarter
Co Add-On Class: Tap/Lg Group	= +\$35/month	= +\$105.00/quarter

NOTE: If more than 5 – total classes are taken; tuition is discounted \$3 per month, per class.
(30 minute classes are NOT included in this discount)

TUITION RATES: Monthly Payments

One- 3-4 year old class	= \$41/month
One- 5-6 year old class	= \$43/month
One- Level I - IV class	= \$44/month
One- Level V class: Adv Tech	= \$50/month
Company Small Group & Ballet	= \$135/month
Co Add-On Class: Tap/Lg Group	= +\$40/month

NOTE: If more than 5 - total classes are taken; tuition is discounted to \$3 per month, per class!
(30 minute classes are NOT included in this discount)

Tuition for each class is based on a total of 30 lessons. (Not including picture week!) These 30 lessons will be split over nine months: September-May. Each month classes will meet between 2-5 times - regardless, you will be charged a flat monthly rate. *See the table on Page 3 to view the exact amount of times a class will meet by the month* Tuition cannot be refunded due to individual absences. The only time the studio will be closed, other than the dates on this Studio Schedule (Page 11), is if Rice Lake Area School District cancels school or after school activities due to bad weather. If this occurs, you will receive a written notice of the make-up date for the missed "snow day."

Please check the home page on our website (www.ChristinesDanceCompany.com), our Facebook fan page, before coming to dance class on a snowy/icy day.



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MONTH	MONDAY CLASSES	TUESDAY CLASSES	WEDNESDAY CLASSES	THURSDAY CLASSES
September 2018	3	3	3	3
October 2018	5	5	4	4
November 2018	3	3	3	4
December 2018	3	3	3	3
January 2019	4	4	4	4
February 2019	4	4	4	4
March 2019	3	3	3	3
April 2019	3	3	3	2
May 2019	2	3	3	3
TOTAL CLASSES	30	30	30	30

of times the class will meet by the month.

PAYMENT PLAN OPTIONS:

Plan #1: Quarterly Payments
Due by the 5th every *third* month:

***QUARTER ONE: Due September 5, 2018**

This quarter's payment will include:

1. September, October, and November's regular tuition rate.
2. Registration Fee = \$10.00 (One fee per student enrolled)
3. Costume deposit = \$40.00 (One costume deposit per class taken)

***QUARTER TWO: Due December 5, 2018**

This quarter's payment will include:

1. December, January, and February regular tuition rate.
2. Costume Payment = Total costume balance (minus \$40 Quarter One costume payment) divided in half.
(The second half will be paid in Quarter Three)

***QUARTER THREE: Due March 5, 2019**

This quarter's payment will include:

1. March, April, and May regular tuition.
2. Final Costume Payment = Total remaining balance after Quarter One and Quarter Two's payments.



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Plan #2: Monthly Payments
Due by the 5th every month:

****Because Quarterly Payments are preferred, Tuition rates are \$5 more per month (per class) for Monthly accounts****

***SEPTEMBER: Due September 5, 2018**

September's payment will include:

1. September's regular tuition rate.
2. Registration Fee = \$10.00 (One fee per student)
3. Costume deposit = \$40.00 (One costume deposit per class taken)

***OCTOBER: Due October 5, 2018**

October's payment will include:

1. October's regular tuition rate.

***NOVEMBER: Due November 5, 2018**

November's payment will include:

1. November's regular tuition rate.

***DECEMBER: Due December 5, 2018**

December's payment will include:

1. December's regular tuition rate.
2. Costume Payment = Total costume balance (minus \$40 costume payment made in September) divided in half.
(The second half will be paid in March)

***JANUARY: Due January 5, 2019**

January's payment will include:

1. January's regular tuition rate.

***FEBRUARY: Due February 5, 2019**

February's payment will include:

1. February's regular tuition rate.

***MARCH: Due March 5, 2019**

March's payment will include:

1. March's regular tuition rate.
2. Final Costume Payment = Total remaining balance after September and December's costume payments.

***APRIL/MAY: Due April 5, 2019/ Due May 5, 2019**

April's payment will include:

1. April's regular tuition rate.

May's payment will include:

1. May's regular tuition rate.



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WITHDRAWAL/DROP POLICY

If you want to withdrawal from any class, a withdrawal form MUST be filled out and given to Christine before **WEDNESDAY, OCTOBER 31, 2018!** Withdrawal forms can be picked up at the front desk or mailed upon request. If a class is dropped before this date you will receive a full refund of your \$40 costume deposit. Please understand you will still be responsible for the monthly tuition cost up to the day the withdrawal form is received by the studio.

**No costume payments will be refunded if a withdrawal form is not received by Christine's Dance Company before Wednesday, October 31, 2018. FULL payment of costume will be mandatory! By signing the agreement on the last page of this handbook, legally binds you to the above statement.
Thank you for your understanding and cooperation!**

CLASS PLACEMENT POLICY

The dancers are put into classes based on age and ability. During the year, a dancer may be moved to another classes if it is necessary and in the best interest of that dancer. To be moved to a more advanced class, many factors will be assessed: ability, attitude, consistency in work, musicality, and overall readiness. Christine will make the ultimate decision.

CLASS DESCRIPTIONS and ATTIRE

3/4 yr. old BALLETTAP COMBO: This class will run 30 minutes each week: The first 15 minutes will be ballet, and the last 15 minutes will be tap. The class focuses on creative movement, free expression, body awareness and basic motor skills, while teaching the basic elements of ballet and tap. The child's imagination and self-esteem are encouraged and are developed well through dance. All dancers enrolling in 3/4 yr. old Ballet-Tap combo should be potty trained.

- HAIR: Must be pulled back and out of face.
- ATTIRE: Leotard and tights are recommended, but not mandatory. Often at this age, wearing a "ballerina dress" is half the fun and we absolutely will allow these types of dresses! As long as it is not a huge distraction to the class or themselves. No Jeans!
- SHOES: Pink ballet slippers and black tap shoes. Ballet and tap shoes can be purchased at Payless in Rice Lake, or through **Christine's Dance Company**.
*Absolutely NO street shoes will be allowed in the studio at any time.

5/6 yr. old BALLETT/JAZZ COMBO: This class will run 45 minutes each week: The class will be a mixture of ballet technique and jazz technique. This class will focus on creative movement, free expression, body awareness and basic motor skills, while teaching the basic elements of ballet and jazz. The child's imagination and self-esteem are encouraged and are developed well through dance.

- HAIR: Must be pulled back and out of face. Bangs should be pulled back and out of eyes. Short hair will be excused from completely being pulled back, but front pieces should be fastened or hair-sprayed back.
- ATTIRE: Leotard and tights are recommended, but not mandatory. Pants that are easy to move in, and do not drag excessively on the ground will be permitted. No jeans! Tank-tops, t-shirts, or long sleeve shirts are all permitted as long as they are not baggy.
- SHOES: Dance Soles (aka "Toe Pads") or pink ballet shoes can be worn for this class. Please contact the class instructor for details.



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CLASS DESCRIPTIONS and ATTIRE (Continued...)

BALLET: Ballet is a solid foundation for all other forms of dance. It also forms the basis for discipline, creativity, and appreciation of dance in the art form. Proper turn out of the legs, posture, placement and alignment will be emphasized. Students will learn ballet vocabulary through Barre and center work while building strength, flexibility, energy, and athleticism. Ballet is HIGHLY recommended for all ages and all levels.

- **HAIR:** Must be pulled back into a tight bun. Bangs should be pulled back and out of eyes. Short hair will be excused from a bun, but front pieces should be fastened or hair-sprayed back.
- **ATTIRE:** Any color tights, without large holes, need to be the only clothing on legs. Sweatpants and other pants will mask the legs, making it difficult for the instructor to see placement and the proper turnout. A leotard is recommended, but not mandatory. Fitted shorts and/or skirts will be permitted. No jeans or baggy clothes!
- **SHOES:** Pink ballet shoes. Ballet shoes can be purchased at Payless in Rice lake, or ordered through **Christine's Dance Company**. Absolutely NO street shoes will be allowed in the studio.

TAP: Tap enhances rhythmic dynamics, speed, and agility. More than other dance forms, tap instills awareness of the music's timing, rhythm, and changes of energy. With a focus on total body movement, technical correctness, and performance, tap is probably the most intricate of all dance forms. During class, the dancers will learn technique as well as terminology. Tap is recommended for all ages and all levels.

- **HAIR:** Must be pulled back into a tight bun or ponytail. Bangs should be pulled back and out of eyes. Short hair will be excused from a bun and ponytail, but front pieces should be fastened or hair-sprayed back.
- **ATTIRE:** Pants that are easy to move in, and do not drag excessively on the ground.
 - **JEANS** → Wearing jeans during a regular tap class will be permitted. (Except for 3-4 year old combo classes) The jeans still must be stretchy and easy to move in!
- **SHOES:** Black tap shoes (lace up) – NO high heel taps please. Absolutely NO street shoes will be allowed in the studio.

JAZZ: Jazz develops style, strength, and versatility in a dancer. The classes will be structured around a proper warm-up and stretch, across the floor progressions and combinations, center-floor technique and combinations, and performance skills and routines. Jazz classes will also emphasize technique, terminology, flexibility, and proper execution of isolations of the body. Jazz is recommended for 6 years old and up.

- **HAIR:** Must be pulled back into a tight bun or ponytail. Bangs should be pulled back and out of eyes. Short hair will be excused from a bun and ponytail, but front pieces should be fastened or hair-sprayed back.
- **ATTIRE:** Any color tights, without large holes, need to be the only clothing on legs. Sweatpants and other pants will mask the legs, making it difficult for the instructor to see placement and the proper turnout. A leotard is recommended, but not mandatory. Fitted shorts and/or skirts will be permitted. No jeans or baggy clothes!
- **SHOES:** Dance Soles (aka "Toe Pads"). The toe pads can be ordered through **Christine's Dance Company**. Please ask your teacher what type of shoe will be required for your specific class BEFORE buying shoes. Absolutely NO street shoes will be allowed in the studio.



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CLASS DESCRIPTIONS and ATTIRE (Continued...)

HIP-HOP: Hip-Hop is a highly stylized, fast paced, athletic and expressive form of jazz dance. Individual style and interpretation is encouraged while incorporating high levels of energy. Body isolations are the basis for the intricate movements usually inspired by hip-hop music. All music is carefully listened to ahead of time, and will be appropriate for all ages. The class will be structured around a cardio filled warm-up, stretching, and core strengthening exercises. (such as: crunches, push-ups, Pilates, etc) Hip-Hop is recommended for ages 7 and up.

- **HAIR:** Must be pulled back into a tight bun or ponytail. Bangs should be pulled back and out of eyes. Short hair will be excused from a bun and ponytail, but front pieces should be fastened or hair-sprayed back.
- **ATTIRE:** Pants that are easy to move in, and do not drag excessively on the ground. Please do not wear jeans! Tank-tops, t-shirts, or long sleeve shirts are all permitted.
- **SHOES:** Tennis shoes are highly recommended, or else bare feet will also be permitted. Please bring a change of shoes with you, **do not** wear the same shoes from the street into the studio, especially during the winter months! Thank you ☺

LYRICAL BALLET: Lyrical ballet is a soft blend of jazz and ballet technique. This class will emphasize on free expression through the sound and “attitude” of the music. Since lyrical naturally requires a higher level of technique and experience, previous studio training is required.

- **HAIR:** Must be pulled back into a tight bun or ponytail. Bangs should be pulled back and out of eyes. Short hair will be excused from a bun and ponytail, but front pieces should be fastened or hair-sprayed back.
- **ATTIRE:** Any color tights, without large holes, need to be the only clothing on legs. Sweatpants and other pants will mask the legs, making it difficult for the instructor to see placement and the proper turnout. A leotard is recommended, but not mandatory. Fitted shorts and/or skirts will be permitted. No jeans or baggy clothes!!
- **SHOES:** Dance Soles (aka “toe-pad”) will be used for all lyrical classes – or else bare feet will also be permitted. Toe pads can be ordered though **Christine's Dance Company**. Absolutely **NO** street shoes will be allowed in the studio at any time.

ADVANCED TECHNIQUE (Instructor Invite Only): This class will run 50 minutes each week and will incorporate a mixture of techniques studied in both ballet and jazz. One routine will be rehearsed then performed at recital. This classes sole purpose is to improve strength, flexibility, and overall technique of the dancer with a higher level of intensity level. This class is highly recommended as a “pre-company” or an additional “add-on” class to a company class. ****Pre-requisites:** Solid double pirouettes, A-turns, and all basic jumps & leaps.

- **HAIR:** Must be pulled back into a tight bun or ponytail. Bangs should be pulled back and out of eyes. Short hair will be excused from a bun or ponytail, but front pieces should be fastened or hair-sprayed back.
- **ATTIRE:** Any color tights, without large holes, need to be the only clothing on legs. Sweatpants and other pants will mask the legs, making it difficult for the instructor to see placement and turnout. A leotard is recommended, but not mandatory. Fitted shorts and/or skirts will be permitted. No jeans or baggy clothes!
- **SHOES:** Dance Soles (aka “toe pads”) and/or bare feet. Toe-pads can be ordered though **Christine's Dance Company**. Absolutely **NO** street shoes will be allowed in the studio.



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CLASS VISITATION and LOBBY ETIQUETTE

Parents and visitors are not allowed inside the studio with their child to observe their class. There will be set aside times for the parents to come inside the dance studio to view a special dance (Halloween, Christmas, etc.). The presence of parents and visitors is a HUGE distraction to the students. You are more than welcome to observe through our two large viewing windows in the lobby.

Christine's Dance Company believes it is very important for parents to see their child's progress, however please try not to distract your child or the class. Distractions, such as, opening the studio door to "discipline" your child is not permitted. This disrupts the flow of the class and diminishes the students' perceived authority of their teacher. If you feel your child needs to be disciplined differently by an instructor, please talk to Christine! Thank you!

COSTUMES

All dancers who chose to participate in the recital will be required to purchase one costume per class. The approximate cost of one costume is \$90-\$130. I do my absolute best to select acceptable costumes at reasonable prices. The costumes at the higher end of the cost scale are usually adult sizes and have more accessories (ex: HIP HOP CLASSES). Again, there will be no refunds on costumes after they are ordered, and costumes must be paid in full in order to take them home, or to be worn for the recital.

*COSTUME ALTERATIONS:

Most of the costumes require some type of "assembly" which consists of a small amount of sewing (buttons, straps, etc.). All alterations will be taken care of by Christine at no extra charge to you!

DRESS REHEARSAL & RECITAL

Christine's Dance Company performs one recital in the spring! The recital will be held on **Sunday, May 19, 2019.**

On this day, we will have three shows: Show #1: **12:00pm**; Show #2: **3:30pm**, Show #3: **7:00pm**. All three shows will take place in the Rice Lake High School Auditorium. The dress rehearsal will be held the day before on **Saturday, May 18, 2019.**

Dress Rehearsal Attendance is MANDATORY for all performers!

Note: Since tuition rates do not include any type of recital cost, Christine's Dance Company must charge each person who attends the show. The production cost of our dance recitals is much too high to avoid charging for recital tickets. Tickets are \$12 in advance and \$15 at the door.

Each class will be given individual dress rehearsal times in March (at the latest!). Again, it is mandatory that all dancers are present at the dress rehearsal to ensure smoothness of the show on Sunday. If there are any conflicts, please let Christine know ahead of time so a better Dress Rehearsal time can be worked out!

All dancers are not required to participate in the recital, but participation is highly recommended. If your child will not be participating in the recital, please let Christine know before **Wednesday, October 31, 2018**. If a costume was ordered for your child, you will be responsible for the full payment of the costume.



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PARENT EXPECTATIONS

Please do not leave your child at the studio more than 15 minutes before their first class begins or after their last class ends. Since classes are taught back-to-back, it is hard to keep an eye on them outside of their class times.

At times throughout a dancers training, discouragement can occur. Parental support during these times are vital. The discipline required to be successful in dance class comes not only from the dancer, but also from their parents. Regular attendance, willingness to participate, and eagerness to take what the dancer is given and make it their own, are qualities that can carry them through many lessons in life.

PICTURES

Pictures will be held at Christine's Dance Company the week of: **April 8-11, 2019**. We do not have regular dance class this week since the photographer will be set up in our studios all week. Therefore, this week is not included in the 30 total lessons.

Most pictures will be held on the same day of the week you normally come to class, but at a different time. Please keep an eye out late February or early March for your specific picture time. The photographer for our 2018-2019 season will be done by Seasons Photography out of Rice Lake.

OPTIONAL EXTRA COSTS

Pictures:	\$15-\$50 (depending on package ordered)
CDC Apparel:	T-Shirts, Sweatpants, Shorts, Zip-Ups, etc.
Recital DVD:	\$28-\$45 (depending on DVD chosen)
Recital T-Shirts:	\$16-\$20
Flowers for Dancer (at recital time):	\$8-\$30 (depending on bouquet)



OTHER GENERAL DANCE STUDIO RULES:

1. No gum will be allowed in a dancer's mouth while in class.
2. Water bottles will not be allowed inside the dance studio. They can be kept right outside the door or in a cubby.
3. Please remove **all** jewelry before the start of dance class.
4. Remove your street shoes before entering the dance studio, and always take dance shoes off before going outside. Especially tap shoes! Concrete can ruin the metal taps on the bottom.
5. NO JEANS or baggy clothing should be worn by the dancers!



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ABOUT CHRISTINE

As a dancer of 26+ years, her dream was always to own a dance studio. She started her dance training in Madison, WI and continued in Dallas, TX, then Marion, OH. When her parents decided to move one last time, it was to Rice Lake, WI. Since there was not a dance studio located in Rice Lake at that time, she decided to become a member of the Rice Lake Dance Team, better known as the Warriorettes! After graduating from high school in 2004, she moved to Eau Claire. There, Christine attended the University of Wisconsin-Eau Claire. She graduated in December of 2008 with a Bachelor's Degree in Business-Entrepreneurship and a minor in Information Systems.

During Christine's freshman year of college, she filled her "free time" coaching the Eau Claire Memorial JV Dance Team. And, by the time her freshman year came to an end, she had decided she was not done performing yet, so Christine tried out for the UWEC dance team...and made it!

During her three years on the UWEC dance team, Christine was put in front of the most amazing and well-known choreographers, teachers, and dancers of the Midwest! On top of being a member of one of the best college dance teams in the region, she was fortunate enough to be offered an instructing position at Eau Claire School of Dance in 2004.

Christine's four years at Eau Claire School of Dance became the best training for what she does today! She is so grateful for her friend and mentor, Stephanie Houdek-Kling, owner of Eau Claire School of Dance. Stephanie not only taught her so much about the business in general, but also gave her many great opportunities. One of the most memorable opportunities was traveling to New York City and taking over 20 different dance classes at the Broadway Dance Center. There, Christine found the true meaning to "intense" dance classes!

Christine's extensive background of dance training gives her the capability to teach girls and boys as young as three, to adults. Having the ability to impact so many young lives as their dance teacher is beyond rewarding...*it is her true passion in life!!*

CHRISTINE'S DANCE COMPANY MISSION & GOAL...

Thank you for choosing **Christine's Dance Company!** The ultimate goal is to help students achieve a positive attitude, develop coordination and balance to their fullest potential. There is so much more to dance than just *dance*. It is about instilling values that will carry them through a lifetime of achievements. I am looking forward to working with you and sharing the wonderful experience of dance!

CHRISTINE'S FAVORITE QUOTE...

"Dancing is the loftiest, the most moving, the most beautiful of the arts. For it is no mere translation or abstraction of life. It is life itself." -Henry Havelock Ellis

2018 OPEN HOUSE DATES

Wednesday, September 5 and Thursday, September 6 → 4:00-7:00pm

Get fitted for your dance shoes, stock up on apparel, meet your instructors, tour the studio, register, and more...

2018-2019 STUDIO SCHEDULE



POLICY:

If the Rice Lake Area School District cancels school and/or after school activities, we will most likely cancel classes as well.

In the case of inclement weather, please check one of the following before coming to class:

1. CDC's Facebook page
2. Homepage of our website (ChristinesDanceCompany.com)
3. Studio voicemail message (715.736.0062)

Christine will make the call by NOON that day

If classes are canceled due to inclement weather, a note will be handed out the following week with a make-up date and time.

September 10 (<i>Monday</i>):	Fall Classes Begin
October 15-18:	<u>Measurement Week</u> → All dancers will be measured in class for their recital costume.
October 22-25:	<u>Parent Costume Meetings</u> → Parents are welcome to vote on a recital costume for their dancers class. This will take place during the first 5-10 minutes of their class.
October 31 (<i>Wednesday</i>):	CLOSED: Halloween!
November 19-23:	CLOSED: Thanksgiving Break!
November 26 (<i>Monday</i>):	Classes Resume
December 24-January 6:	CLOSED: Christmas Break!
January 7 (<i>Monday</i>):	Classes Resume
March 11-15:	CLOSED: Spring Break!
March 18 (<i>Monday</i>):	Classes Resume
April 8-11:	<u>Picture Week</u> → Class Picture Times TBA LOCATION: Christine's Dance Company
April 18-23:	CLOSED: Easter Break!
April 27 (<i>Saturday</i>):	ONLINE RECITAL TICKET SALES GO LIVE @ NOON
May 18 (<i>Saturday</i>):	<u>Dress Rehearsal</u> → Individual Rehearsal Times TBA
May 19 (<i>Sunday</i>):	<u>RECITAL</u> → **RLHS Auditorium*

Tuition for each class is based on a total of 30 lessons. These 30 lessons are split over nine months: September-May. Each class will meet between 2-5 times each month. Regardless, you will be charged a flat monthly rate. Tuition will not be refunded due to individual absences.

MONTH	MONDAY CLASSES	TUESDAY CLASSES	WEDNESDAY CLASSES	THURSDAY CLASSES
September 2018	3	3	3	3
October 2018	5	5	4	4
November 2018	3	3	3	4
December 2018	3	3	3	3
January 2019	4	4	4	4
February 2019	4	4	4	4
March 2019	3	3	3	3
April 2019	3	3	3	2
May 2019	2	3	3	3
TOTAL CLASSES	30	30	30	30

of times the class will meet by the month.



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MUST BE SIGNED AND RETURNED TO STUDIO BY FIRST DAY OF CLASS

I have read ALL pages of the 2018-2019 Parent & Student Handbook, and understand all policies and procedures of Christine's Dance Company LLC.

WAIVER & RELEASE: This waiver and release of liability includes, without limitation, all injuries which may occur because of your participation in any activity on the premise of Christine's Dance Company LLC. By signing below legally binds you to acknowledging this "waiver and release" and you fully understand that it is a release of liability. You agree to voluntarily give up or waive any right that you may otherwise have to bring a legal action against Christine's Dance Company LLC for personal injury or property damage.

PRINT PARENT NAME: _____

PARENT SIGNATURE: _____

DATE: _____

Thank you!

ON THE BACK →

Please sign the new Wisconsin "Concussion Law"

Parent/Athlete Agreement Form

Christine's Dance Company is required to distribute and collect concussion agreement forms from every "youth athletic activity" participant under the age of 19 once per year. Effective: **December 15, 2013**

More information about concussions can be found here:

<http://www.wiaawi.org/Health/Concussions.aspx>



PARENT & ATHLETE AGREEMENT

As a Parent and as an Athlete it is important to recognize the signs, symptoms, and behaviors of concussions. By signing this form you are stating that you understand the importance of recognizing and responding to the signs, symptoms, and behaviors of a concussion or head injury.

Parent Agreement:

I _____ have **read** the Parent Concussion and Head Injury Information and **understand** what a concussion is and how it may be caused. I also understand the common signs, symptoms, and behaviors. I agree that my child must be removed from practice/play if a concussion is suspected.

I understand that it is my responsibility to seek medical treatment if a suspected concussion is reported to me.

I understand that my child cannot return to practice/play until providing written clearance from an appropriate health care provider to his/her coach.

I understand the possible consequences of my child returning to practice/play too soon.

Parent/Guardian

Signature _____

Date _____

Athlete Agreement:

I _____ have **read** the Athlete Concussion and Head Injury Information and **understand** what a concussion is and how it may be caused.

I understand the importance of reporting a suspected concussion to my coaches and my parents/guardian.

I understand that I must be removed from practice/play if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before returning to practice/play.

I understand the possible consequence of returning to practice/play too soon and that my brain needs time to heal.

Athlete

Signature _____

Date _____