

SENIOR LINE: 2018 Summer Schedule

STRENGTH & CONDITIONING:

(must attend a minimum of 8 Strength & Conditioning classes. However, participating in all 12 is highly recommended)

1. TUES, JULY 10: 6:30-7:30pm
2. THURS, JULY 12: 6:30-7:30pm
3. TUES, JULY 17: 6:30-7:30pm
4. THURS, JULY 19: 6:30-7:30pm
5. TUES, JULY 24: 6:30-7:30pm
6. THURS, JULY 26: 6:30-7:30pm
7. TUES, JULY 31: 6:30-7:30pm
8. THURS, AUG 2: 6:30-7:30pm
9. TUESDAY, AUG 7: 6:30-7:30pm
10. THURSDAY, AUG 9: 6:30-7:30pm
11. TUES, AUG 14: 6:30-7:30pm
12. THURS, AUG 16: 6:30-7:30pm

TECHNIQUE: *(attending both technique classes is required)*

1. TUES, JULY 10 – 4:30-6:30pm
2. TUES, JULY 31 – 4:30-6:30pm

BALLET: *(must attend a minimum of 7 ballet classes. However, participating in all 10 is highly recommended)*

1. WED, JULY 18: **1:30-3:00pm**
2. MON, JULY 23: 6:30-8:00pm
3. WED, JULY 25: 6:30-8:00pm
4. MON, JULY 30: 6:30-8:00pm
5. WED, AUG 1: 6:30-8:00pm
6. MON, AUG 6: 6:30-8:00pm
7. WED, AUG 8: 6:30-8:00pm
8. MON, AUG 13: 6:30-8:00pm
9. WED, AUG 15, 6:30-8:00pm
10. MON, AUG 20, **1:30-3:00pm**

CHOREOGRAPHY: *(attending both choreography sessions is required)*

1. THURS, AUG 2 – 4:30-6:30pm
2. WED, AUG 15 – 2:30-4:30pm