

# DIAMOND LINE: 2018 Summer Schedule

## STRENGTH & CONDITIONING:

*(must attend a minimum of 8 Strength & Conditioning classes. However, participating in all 12 is highly recommended)*

1. TUES, JULY 10: 6:30-7:30pm
2. THURS, JULY 12: 6:30-7:30pm
3. TUES, JULY 17: 6:30-7:30pm
4. THURS, JULY 19: 6:30-7:30pm
5. TUES, JULY 24: 6:30-7:30pm
6. THURS, JULY 26: 6:30-7:30pm
7. TUES, JULY 31: 6:30-7:30pm
8. THURS, AUG 2: 6:30-7:30pm
9. TUESDAY, AUG 7: 6:30-7:30pm
10. THURSDAY, AUG 9: 6:30-7:30pm
11. TUES, AUG 14: 6:30-7:30pm
12. THURS, AUG 16: 6:30-7:30pm

## TECHNIQUE: *(attending both technique classes is required)*

1. WEDNESDAY, JULY 11 – 5:00-7:00pm
2. WEDNESDAY, AUGUST 1 – 5:00-7:00pm

## BALLET: *(must attend a minimum of 7 ballet classes. However, participating in all 10 is highly recommended)*

1. WED, JULY 18: 5:00-6:30pm
2. MON, JULY 23: 5:00-6:30pm
3. WED, JULY 25: 5:00-6:30pm
4. MON, JULY 30: 5:00-6:30pm
5. WED, AUG 1: 5:00-6:30pm
6. MON, AUG 6: 5:00-6:30pm
7. WED, AUG 8: 5:00-6:30pm
8. MON, AUG 13: 5:00-6:30pm
9. WED, AUG 15, 5:00-6:30pm
10. MON, AUG 20, 5:00-6:30pm

## CHOREOGRAPHY: *(attending both choreography sessions is required)*

1. WEDNESDAY, AUGUST 22 – 4:00-6:00pm
2. THURSDAY, AUGUST 23 – 4:00-6:00pm